



association for  
the prevention  
of torture



International Ombudsman Institute  
Institut International de l'Ombudsman  
Instituto Internacional del Ombudsman

## **IOI Workshop for NPMs: “Monitoring of psychiatric institutions”**

**21 – 23 June 2016, Vilnius, Lithuania**

In the following please find some practical information to facilitate your travel arrangements.

### **Workshop venue**

The Seimas Ombudsmen's Office of the Republic of Lithuania  
Gedimino av. 56, LT-01110 Vilnius, Lithuania

### **Hotel information**

The Seimas Ombudsmen's Office of the Republic of Lithuania have pre-booked rooms in four hotels within a walking distance from the workshop venue. Please feel free to make your own reservation at the hotel of your choice:

#### **Ratonda Centrum Hotels**



**Address:** Gedimino av. 52/1, LT-01110 Vilnius

**Web:** <http://hotel-rn.com/hw/a188313/index.htm?lbl=ggl>

**Distance:** round the corner from the Seimas Ombudsmen's Office

Ratonda Centrum Hotels is a luxurious 4-star property conveniently located near the centre of Vilnius. Local tourist attractions such as Lithuanian Parliament Building (Seimas) and Lukiskes Square are not far from the hotel.

Special room rates starting from 55,00 EUR per room and night (incl. breakfast, WiFi, tea/coffee in the room) have been arranged at this hotel.

**Reservations should be made by filling in the booking form and sending it to the hotel.**

### **Radisson Blu Hotel Lietuva, Vilnius**



**Address:** Konstitucijos av. 20, LT-09308 Vilnius

**Web:** <https://www.radissonblu.com/en/lietuvahotel-vilnius>

**Distance:** 1,3 km or about 16 min. by foot from the Seimas Ombudsmen's Office

The hotel stretches 22 stories high and affords beautiful views of the city skyline and historical Old Town, the city's medieval town center, from the balconies of its upper rooms. All rooms come with Free high-speed, wireless Internet access, flat-screen television and other contemporary amenities. Guests can venture to the top floor for a drink with a stunning panoramic view at Skybar. Special room rates starting from 112,00 EUR per room and night (incl. taxes and breakfast) have been arranged at this hotel.

**Reservations should be made online at <http://bit.ly/1Q5hSQG>**

### Hotel BEST WESTERN Vilnius



**Address:** Konstitucijos av. 14, LT-09308 Vilnius

**Web:** <http://vilniushotel.eu/EN/Vilnius>

**Distance:** 1,5 km or about 18 min. by foot from the Seimas Ombudsmen's Office

The hotel is located right in the centre of the capital city, in a modern district of business, commerce and entertainment. The hotel stands next to the river Neris and near the Old Town of Vilnius. Special room rates starting from for 99,00 EUR per room and night (incl. breakfast, wellness centre with sauna and pool, WiFi and parking) have been arranged.

**Reservations should be made by filling in the booking form and sending it to the hotel.**

### Hotel Novotel Vilnius Centre



**Address:** Gedimino av. 16, LT-01103 Vilnius

**Web:** <http://www.novotel.com/gb/hotel-5209-novotel-vilnius-centre/index.shtml>

**Distance:** 1 km or about 12 min. by foot from the Seimas Ombudsmen's Office

Settle in to 4-star city-centre comfort at Novotel Vilnius Centre hotel, a few minutes' walk from the cathedral and the old town. Contemporary decor, light colours and lots of

natural light make your room a tranquil haven. The lavish hot breakfast buffet in the sunny first-floor restaurant gets you fuelled up for the day ahead at Novotel. Special room rates starting from 89,00 EUR per room and night (incl. taxes, breakfast, free high-speed, wireless Internet access, sauna, Turkish bath and gym) have been arranged.

**Reservations should be made by filling in the booking form and sending it to the hotel.**

Other hotels recommended by the Ombudsman's Office are the following. Please note that no special arrangements in these hotels have been made.

### **Artis Centrum Hotels**



**Address:** Totorių str. 23, 01120, Vilnius

**Web:** <http://www.artis.centrumhotels.com/en/>

**Distance:** 1,5 km or about 18 min. from the Ombudsmen's Office

**Contact:** [artis@centrumhotels.com](mailto:artis@centrumhotels.com)

Located in the centre of Vilnius' Old Town, Artis Centrum Hotels is set in a renovated building from the 19th century. There are 118 rooms decorated in a classical style. All rooms feature air conditioning, satellite TV, pay-TV channels, telephone, constant Wi-Fi internet access, mini-bar and safety box.

Rates include buffet breakfast, taxes and services.

## Amberton Hotel



**Address:** L.Stuokos-Guceviciaus 1, Vilnius 01122, Lithuania

**Web:** <http://ambertonhotels.com/en/vilnius/>

**Distance:** 1,6 km or about 19 minutes on foot from the Seimas Ombudsmen's Office

**Contact:** vilnius@amberton.lt

Amberton is located in the heart of Vilnius's Old Town, just a few steps from Cathedral Square. It offers air conditioned rooms with flat-screen cable TVs, work desks and a free internet connection. The rooms of the Amberton feature a classic interior design with bright walls and wooden furniture. All have a safe and a minibar. Each private bathroom includes a hairdryer and either a bath or a shower.

### Catering

The Seimas Ombudsmen's Office will organize coffee breaks and lunches for all three days of the workshop and will invite participants to an official dinner combined with social and/or cultural activities on 22 June 2016.

### Insurance and Visa

All participants of the training are invited to arrange travel insurance.

Information about visa requirements can be found in homepage of the Ministry of Foreign Affairs of the Republic of Lithuania: <http://keliauk.urm.lt/en/entry-to-lithuania/visas/proper-documents>

## Ways to travel to Lithuania

### By plane

Vilnius International Airport (VNO)

Information for passengers: +370 612 44442 ([info@vno.lt](mailto:info@vno.lt), fax: +370 5 232-9122).

Lost baggage information: +370 610 75212, [lostfound@bgs.aero](mailto:lostfound@bgs.aero)

It is the largest civil airport in Lithuania and is located 4.6km south of both bus and train stations, and 6.22km from city centre, as measured by the transport routes. The airport is very compact and consists of one dual building. The city bus stop is immediately next to the main entrance; the taxis can be found just in front of the arrivals terminal.



City bus stop next to the Vilnius airport main entrance.

### By bus

Vilnius bus station

Address: Sodu str. 22, LT-03211 Vilnius

Email: [office@autobusustotis.lt](mailto:office@autobusustotis.lt)

It is located across the street from the main train station and is about 3 km from the Seimas Ombudsmen's Office. [Eurolines](#) and [Ecolines](#) operate service between Vilnius and Riga, Tallinn, St. Petersburg, Warsaw and further connections all over Europe.

You can find schedules for both domestic and international intercity buses at [Bus Tickets](#) site.

Since 2015, [PolskiBus](#) opened the "Baltic route" and it's now possible to travel from Warsaw to Vilnius at fairly cheap fares with their buses.

### Transfers from Vilnius airport to Vilnius centre

**By bus:** The bus ride to the centre takes 15 minutes and buses depart from the airport every 10–15 minutes. Ticket is obtained by purchasing it from the driver for €1. Only one piece of hand luggage to fit under a single seat is allowed. For larger luggage, extra tickets should be bought.

- **Bus #1** goes from the airport (Lithuanian: *Oro uostas*) to the central bus/train station ("*Stotis*").
- **Bus #2** goes from the airport to the bus/train station, passing the football stadium at *Liepkalnis* street.
- **Bus #88** goes from the airport to the City Business Centre (*Konstitucijos* avenue, *Europa* square), riding through the Old Town first.
- **Bus #3G** goes to the north through the centre (*Lukiškės* square), business centre (*Konstitucijos* avenue), continuing on to *Fabijoniškės* sleeping district in the north. The bus number's trailing letter "G" on a green background stands for "*Greitasis*" which means "Express bus". It stops at all relevant stops in the centre, while skipping some regular stops before and after the centre.

**By train:** [Lietuvos Geležinkeliai](#) operates trains from the airport to the main train station for ~€1. The train ride takes 7 minutes, but trains depart every c. 45 minutes.



Vilnius airport railway stop (no other trains stop there)

**By taxi:** It is recommended that you follow the local practice and book the taxi [online](#) before arrival, using [Taxify mobile app](#) or [by phone](#). There also are taxis waiting at the airport in front of the arrivals terminal. In order to avoid misunderstandings, know



your destination because all average prices are for the distance from the airport to the bus station (c. €10) or the centre (c. €15), but if your hotel is somewhere further then the price can be double or triple. Prices per kilometre are not fixed forever, they are highly dependent on fuel prices therefore all figures above should be interpreted as approximate. Specific info on taxi prices at the airport can be found at [Vilnius airport](#) website "Transportation" section.

### **Other relevant information**

- Weather conditions: In June daily temperature in Vilnius is around 21 – 25 °C.
- Electricity: 230V, frequency 50HZ  
European plug with two circular metal pins.
- Official language: Lithuanian  
English and Russian is often spoken as well  
German is spoken to some degree
- Currency: Euro
- Local time: GMT +2
- Country Dialling Code: + 370
- Weights and measures: Metric

### **Useful links:**

<http://www.vilnius-tourism.lt/en/>

(useful information for visitors to the city, and Vilnius)

<http://www.vilnius.lt/index.php?1569493818>

(Vilnius municipality news, city news, photos, facts, events, economics and tourist information)

<http://www.vilniustransport.lt/en/>

(Public transport in Vilnius bus and trolley bus traffic schedules, sub-optimal route search, traffic transport scheme)



**Hotel Booking Form**  
**Room block dates 20th– 23<sup>d</sup> June 2016**

**RATONDA CENTRUM HOTELS**

A, Rotundo str. 1  
LT-01110 Vilnius, Lithuania  
Tel.: (+370 5) 2120670  
Fax: (+370 5) 2120669  
E-mail: [ratonda@centrumhotels.com](mailto:ratonda@centrumhotels.com)

*For guaranteed reservations, you are kindly requested to fill in the present form and return it to us. In order to guaranty, registration forms should be sent to our Reservations department by e-mail: [ratonda@centrumhotels.com](mailto:ratonda@centrumhotels.com) or fax number (+370 5) 2120669, latest till 20th of May 2016.*

**Single room – 55 EUR\***

**Double room – 65 EUR\***

**TRANSFER if needed** (please fill in flight number if transfer is necessary):

\_\_\_\_\_ “Vilnius Airport – “Ratonda Centrum Hotels” – 20 EUR  
\_\_\_\_\_ “Ratonda Centrum Hotels – Vilnius Airport” – 15 EUR  
\_\_\_\_\_ Vilnius Train / Bus station – “Ratonda Centrum Hotels” – 12 EUR  
\_\_\_\_\_ “Ratonda Centrum Hotels” – Vilnius Train / Bus station – 10 EUR

**FirstName:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Tel:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Arrival Date:** \_\_\_\_\_ **Departure Date:** \_\_\_\_\_ **Total:** \_\_\_\_\_ **nights**

**Arrival time at Vilnius National Airport / Bus station / Train station:** \_\_\_\_\_

**Departure time from hotel to Vilnius National Airport/ Bus station / Train station:** \_\_\_\_\_

**Please guarantee your reservation by your Credit card:**

**Credit Card Type:** \_\_\_\_\_ **Number:** \_\_\_\_\_ **Expiring Date:** \_\_\_\_\_

**Cardholder's Name:** \_\_\_\_\_ **CVC code** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

FREE CANCELLATION: 48 hours prior to arrival date.

NON-SHOW: In case of non-show one (1) night cancellation fees will apply.

*Please send us back by fax or email this booking form before 20<sup>th</sup> of May 2016.*

*After this date, the reservation can only be confirmed upon availability.*

*After your request, the hotel will send you a confirmation. If you don't receive it, please advise the reservation office to be sure that we received your booking.*

\* Included: Breakfast, VAT (9%), internet access, sauna in morning hours (7:00 a.m. till 12:00 a.m. (advanced reservation needed)), fitness room, tea / coffee in the room, parking (advanced reservation needed).

**We thank you and are looking forward to welcome you in RATONDA CENTRUM HOTELS!**



BEST WESTERN  
Hotel Vilnius ★★★★★

Konstitucijos pr. 14, Vilnius  
LT 09308 Lithuania  
**Phone: +370 5 2739595**  
Fax: +370 5 2739500

E-mail: [office@vilniushotel.eu](mailto:office@vilniushotel.eu)  
<http://www.vilniushotel.eu>

**HOTEL BOOKING FORM**  
**BEST WESTERN Hotel Vilnius**

Please complete and send back to hotel:  
Tel.: +370 5 2739595, Fax: +370 5 2739500, E-mail: [office@vilniushotel.eu](mailto:office@vilniushotel.eu)

**Workshop for NPM's**  
**(June 20-23, 2016)**

**Name(s) of hotel guest(s):**

Mr / Ms	First Name	Surname

Address			
Postcode		City	
Country			
Phone	+	Fax	+

**Reservation:**

Number of rooms:		Single:		Double:	
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**Choice of room:**

Standard single <b>(99 EUR)</b>		Standard double <b>(110 EUR)</b>	
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Number of nights	Date of check-in	Date of check-out

**PAYMENT:**

Visa     
  EC/MC     
  AMEX     
  Cash

**Please guarantee your reservation by your Credit card:**

<b>Credit Card No</b>		<b>Valid through</b>	
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Please mark if you need the transfer service:

Yes                     
  No

Vilnius airport – Hotel 23,2 EURO

**P.S. Please reserve rooms till 20th of May, 2016**

Thank you for your reservation. For more information please visit our internet homepage:  
[www.vilniushotel.eu](http://www.vilniushotel.eu)

Date:

Signature:



Vilnius, June 20<sup>th</sup> – June 23<sup>rd</sup>, 2016

LR Seimo kontrolierių įstaiga

## NOVOTEL VILNIUS CENTRE

Gedimino av. 16, LT-01103 Vilnius, Lithuania

Tel: +370 5 2666 200

Fax: +370 5 2666 201

[h5209-re@accor.com](mailto:h5209-re@accor.com)

[www.novotel.com](http://www.novotel.com)

### YOUR PERSONAL INFORMATION

Last Name:

First Name:

Mr/Mrs/Ms/Dr /Prof:

Organization:

#### ADDRESS:

Street:

City:

Country:

Post Code/ZIP:

Telephone:

Fax:

Would you like to become Le Club Accorhotels Member?

If you are already a member please indicate your loyalty card number

Email:

### ACCOMPANYING PERSON

Last Name, First Name

### YOUR ACCOMMODATION ( SPECIAL DISCOUNTED RATES AND CONDITIONS ARE VALID WITHIN PERIOD 2016 FEBRUARY 8<sup>TH</sup> – MAY 20<sup>TH</sup> 2016)

Arrival date (check-in from 14:00):

Departure date (check-out until 12:00):

Total number of nights required:

REQUIRED ROOM \*:

Superior Room for 1 pers.€ ,89 /night

Executive Room for 1 pers.€ ,99 /night

(Free of charge Espresso machine, complimentary

Water, slippers, extra amenities and guaranteed

Exclusive town views in Executive rooms)

Supplement fee for second person – 12EUR, payable at

the hotel

\*Rates include buffet breakfast, entrance to fitness center (sauna, steam bath, gym), VAT.

**Deadline for reservations with the special discounted rate: May 20<sup>th</sup>, 2016.**

**For the reservations after the deadline above hotel is entitled to apply its best available rate during the requested period**

### TRANSPORTATION

Transportation can be provided with a pre-arranged taxi at the fixed price of EUR 20.00 / car/one way.

When the transfer is needed please fill in the following details:

Pick up

Arrival time:

Flight number:

**CREDIT CARD TO GUARANTEE RESERVATION (please mark as appropriate) IS MANDATORY**

VISA  EUROCARD / MASTERCARD  AMERICAN EXPRESS

Credit Card Holder:

Credit Card Number:

Expiry date:

### CANCELLATION POLICY

Cancellation received 7 days before arrival: no charges

Cancellation less than 7 days before arrival: 100% of total booking value