





# IOI Workshop for NPMs "Monitoring of Psychiatric Facilities"

## 21 - 23 June 2016 | Vilnius, Lithuania

## **Objectives of the Workshop:**

- Explore with peers issues of common concern relating to the monitoring of psychiatric institutions
- Deepen the understanding of the main risk situations related to psychiatric institutions and ways to address them
- Develop skills to handle specific challenges relating to the monitoring of psychiatric institutions
- Explore strategies to follow-up on visits to psychiatric institutions and overcome challenges such as gaps in standards or legislation

#### Methodology:

- The working process and facilitation methods employed will use as much as possible the experience of participants.
- Specific expert input will serve to further clarify key issues.
- The purpose of the visit to a psychiatric hospital is to deepen issues raised

#### Participants (maximum 25):

- 1 representative of each NPM (max. 2, depending on availability)
- IOI Secretary General + staff

#### **Facilitators:**

- Facilitators: Jean Sébastien Blanc, Isabelle Heyer, Walter Suntinger
- Medical/psychiatric experts: Gabriele Fischer, Clive Meux
- SPT expert: Mari Amos







# Rough agenda

(facilitation methods/didactics to be defined later)

# Day One | Tuesday, 21 June 2016

Time	Topics
08:00-08:30	Registration
08:30-10:30	Setting the scene:
	<ul> <li>Scope and key definitions</li> <li>Applicable standards in monitoring psychiatric institutions, including the CRPD: what is the common ground and how to use the standards?</li> </ul>
10:30-11:00	Coffee break
11:00-13:00	Critical issues found in psychiatric institutions: substantive
	considerations and how to monitor them
	Issues to be defined on the basis of the response to the by
	participants
13:00-14:00	Lunch
14:00:15:30	The specifics of monitoring psychiatric institutions:
	<ul><li>Further methodological considerations</li><li>Skills and profile of monitors</li></ul>
15:30-16:00	Coffee break
16:00-17:30	The specifics of monitoring psychiatric institutions:
	<ul> <li>Handling interviews with persons with mental health problems</li> <li>Ethics of monitoring – deal with risk situations</li> </ul>







# Day Two | Wednesday, 22 June 2016

Time	Topics
08:30-10:30	Preparation of the visit to Rokiškis Psychiatric Hospital
10:30-13:00	Transportation to Rokiškis Hospital
13:00-17:00	Visit to psychiatric hospital:
	<ul> <li>In subgroups</li> <li>Each group focuses on specific issue (dealt with above)</li> </ul>
17:00 onwards	Social event

## Day Three | Thursday, 23 June 2016

Time	Topics
09:00-11:00	Debriefing of the visit:
	<ul><li>Main findings</li><li>Methodological challenges</li></ul>
11:00-11:30	Coffee break
11:30-13:00	Reporting and follow-up strategies specific to psychiatric institutions
13:00-14:00	Lunch
14:00-17:00	<ul> <li>Final session</li> <li>What is the appropriate role of NPMs: from monitoring to standard-setting and back?</li> <li>How to strengthen the impact of NPMs</li> </ul> Ways forward

## **End of Workshop**